HANDWASHING

> IT'S NOT ROCKET SCIENCE... BUT ARE YOU DOING IT RIGHT?



WET | Turn on the tap & wet your hands.



SOAP | Use soap to work up a good lather. Water itself won't do much!



SCRUB | Wash your palms, the backs of your hands, in between your fingers & underneath your fingernails for at least 20 seconds.



RINSE | Completely rinse off all soap.



DRY | Leave the tap on, then dry hands with a clean paper towel. Turn the tap off with the towel to keep your hands clean.

